

I am the bread of life.

If you buy the latest gadget then the buzz both you, and it make, will last until the boredom sets in.
Or perhaps until it is will be superseded by a further option of modern illusion.

If you take another pint then that sense of wellbeing will last until the evening ends, or the morning begins.

If you buy another matching top at a bargain price then its attraction, and your image wearing it, will fade.

Seek nourishment that will last

Seek the bread of life

If you learn a poem by heart and that poem contains truth, then that truth will set your mind free.

If you cook a meal get it wrong, and begin again, and learn from your mistake. Then that self-forgiveness will feed you and many others.

If you care for your body with exercise and a sense of humour. Then that respect will help you breath through the night.

Seek nourishment that will last

Seek the bread of life

If you love them only to have affection returned to you then the relationship will grow tired and stale.

If you cover your lack of confidence with the mask of dominant achievement then you will lose both the interest and the friendship.

If you attempt to trap them in the ancient art of moral blackmail then you will corrupt the love you crave.

Seek nourishment that will last

Seek the bread of life

If you give as freely as Christ gave his life, then you will receive.

If you accept what you are, then you will enjoy what you are, as God loves what you are.

If you run the risk of uncertainty then you may enter into the divine mystery of reality.

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They were looking for a clear understanding. An instruction book on happiness. A clear defined role that removed all risk.

“What sign will you give to show us that we should believe in you”

Faith will allow you, but will not do it for you.

Belief will open the opportunity, but you must take it

That which you can control, own, manipulate will always die and leave you unsatisfied

No

No

Seek nourishment that will last

Seek the bread of life